

# Keeping your child safe online

## Talk about their online world

We talk to children about crossing the road, bullying and speaking to strangers. But what about staying safe in the digital world?



Having regular conversations about what your child is doing online - just like you would their day at school - is the best way to keep them safe.

You'll be able to spot any problems, encourage them to come to you if they're worried and make sure they know what's ok to share online - and what's not.

You can find out more about the social networks, apps and games your child uses with our [Net Aware](#) tool.

## 3 tips to help start the conversation

1. Explore sites and apps together and talk about any concerns.
2. Ask your child if they know how to stay safe online.
3. Talk about personal information and what to share online.

Get more advice about how to [talk to your child](#) to help them stay safe.



### Sign up to our Icebreaker emails

Get our series of 6 emails, packed full of useful tips, advice and activities to help you have conversations with your child about staying safe online.



### Get help from an O2 Guru

Anyone can get free online safety advice from O2's friendly experts in-person at an O2 store. They can help you set up parental controls, or teach you how to make a phone safe for a child.

Live.ly - Many children use or have used an app called Musical.ly, this popular app is expanding beyond music videos with the launch of live.ly, its live stream platform. Users will be able to broadcast through the live.ly app, and the streams will be viewable on musical.ly.

The app makes it easy to create music videos. The app is now moving beyond recorded videos with the addition of live.ly. Live streaming has become increasingly popular, with the launch of Facebook Live and others. This opens up the ability for your child to communicate with strangers, in real time.

In school we have discussed the use of musically and explained the risks to children. The risk will be far greater now. Live streaming is the current path of most social media marketed.

O2 have joined up with the NSPCC. If you wish to find out about how to set up parental controls, or have questions about online safety, please visit their website, or pop into an O2 store where they will be more than willing to help.

Visit the NSPCC website for further information and advice.

Information from NSPCC website

A screenshot of the internetmatters.org website. The top navigation bar includes 'About us', 'Contact us', and 'Follow us' with social media icons. Below the navigation bar, there are several tabs: 'ISSUES', 'ADVICE', 'CONTROLS', 'HUB', 'SCHOOLS', 'CYBERBULLYING', and 'REPORT ISSUE'. A progress bar at the top shows various categories with checkmarks: Instructions, Broadband, Devices, Entertainment, Gaming, Mobile, and Protect (with a red circle around it). A 'Close' button is visible. The main content area features a 'Step-by-Step' guide for YouTube, with step 1: 'Go to youtube.com and click 'Sign in''. Below the text is a screenshot of the YouTube homepage with a red box highlighting the 'Sign in' button. There are also buttons for 'Done' and 'Download These Steps'.

**Parental Controls:** Visit [internetmatters.org](#) for a very clear breakdown of how to set up safer parental controls on most apps and devices. A very clear, broken down explanation.