



# William Shrewsbury Primary School

## PSHE Policy

*'to inspire a love of learning'*

*RRSA Links: This policy links to Articles 12 and 19 of the RRS Charter.*

## Our Golden Rules



### Aims of the PSHE policy:

- To provide a safe, secure and stimulating learning environment where children feel confident and happy and can access a wide and exciting range of teaching and learning experiences
- To have high expectations and encourage everyone to achieve the highest standards consistent with their potential
- To offer dynamic, relevant and enjoyable programmes which ensure that children acquire the essential skills needed to thrive
- To ensure that children enjoy school and develop positive attitudes that lead to a life-long love of learning
- To foster attitudes of personal responsibility and self-discipline, by encouraging children to be independent, co-operative and contributing members of society
- To provide care and support for each other within a climate which respects and values the contribution of each person and is responsive to the social, personal, spiritual and learning needs of all
- To develop effective communication and partnership with all members of the community to foster values of kindness, loyalty, honesty, mutual trust and respect.
- To encourage full and active parental and community involvement in the life of the school

## William Shrewsbury PSHE Programme of study

PSHE education at William Shrewsbury is a planned and progressive programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives and contribute positively to society, now and in the future. As part of a whole school approach, William Shrewsbury teaches pupils about the qualities and attributes they need to thrive as individuals, family members and members of the local community and wider society. We aim to develop skills and attributes such as resilience, self-esteem, risk-management, teamwork and critical thinking in the context of learning grouped into six topic areas:

The six topics are:

- Me and my School
- Me and my Relationships
- Happy and Healthy Me
- Me and my Safety
- Me and Other People
- Me in the World

## Through this curriculum the PSHE programme will:

- Provide information which is easy to understand, relevant and appropriate to the age and maturity of the pupils
- Include and overlap aims and objectives contained in other school policies and programmes
- Provide skills including problem solving, decision making, social, communication, literacy, numeric, critical awareness and study skills
- Provide progression in learning to develop and expand themes throughout school in; Drugs Education, Sex and Relationship Education, Citizenship, Global Citizenship, Physical Activity, Emotional Health, Healthy Eating, Environmental Education, Equal Opportunities, Health and Safety, Economic Well Being, Anti-Bullying, British Values and UNCRC
- Encourage the exploration and clarification of our school values

Pupils will be taught PSHE knowledge, skills and understanding through opportunities to:

- Learn about the aims, values, principles and beliefs contributing to William Shrewsbury [for example: our Golden Rules; expected uniform; understanding of rights and responsibilities to all members of our learning community; reward systems; pastoral support and learning systems]
- Take responsibility [for example: planning and looking after the school environment; supporting the needs of others, such as by acting as a peer supporter, as a befriender, or as a playground mediator for younger pupils; looking after animals and the wider environment]
- Feel positive about themselves [for example: by producing personal diaries, profiles and portfolios of achievements; by having opportunities to show what they can do; being given opportunities to voice their opinions and to show how much responsibility they can take]

- Participate [for example: in the school's decision-making process, relating it to democratic structures and processes such as councils, parliaments, government and voting]
- Make real choices and decisions [for example: about issues affecting their health and well-being such as smoking; on the use of scarce resources; how to spend money, including pocket money and contributions to charities; enterprise activities]
- Meet and talk with people [for example: people who contribute to society through environmental pressure groups or international aid organisations; people who work in the school and the neighbourhood, such as religious leaders and community police officers]
- Develop relationships through work and play [for example: taking part in activities with groups that have particular needs, such as children with special needs and the elderly; communicating with children in other countries by e-mail or letters]
- Consider social and moral dilemmas that they come across in life [for example: encouraging respect and understanding between different races and dealing with bullying]
- Find information and advice [for example: through help lines; by understanding about welfare systems in society]
- Prepare for change [for example: transferring to secondary school]

Through PSHE, we endeavour to foster the notions of responsibility and empowerment to promote a sense of achievement and to enhance self-confidence. PSHE education is guided by our school values:

|                    |                    |
|--------------------|--------------------|
| <b>Respect</b>     | <b>Originality</b> |
| <b>Equality</b>    | <b>Unity</b>       |
| <b>Achievement</b> | <b>Trust</b>       |
| <b>Caring</b>      |                    |
| <b>Happiness</b>   |                    |

### **Preparation for the Future**

William Shrewsbury pupils are encouraged to:

Develop positive attitudes towards striving to achieve their goals in life

- Understand strengths and weaknesses in themselves and others
- Observe and learn about work, employment and leisure [for example: through Primary Futures]
- Consider their future and set realistic targets
- Understand equality, differing cultures and beliefs
- Consider the importance of their part within the world
- Develop confidence, self-control and sound communication skills
- Problem solve, make decisions and become critically aware

All these areas will aid in pupils' ability to move towards and choose a career in the future.

## Forms of curriculum provision and time allocation

Each class teacher will aim to allocate a minimum of 30 minutes each week to PSHE. PSHE will also be taught through:

- Teaching PSHE through and in other subjects/curriculum areas
- In partnership with Religious Education spiritual, moral and cultural themes
- During pastoral time
- Within circle time/ class discussions/ P4C
- Addressed in assembly time
- Through visits from specialists or members of the community
- In the course of educational visits
- Through committees
- Through areas of responsibility held by pupils
- Through PSHE activities and school events or themes

## Outside Agencies

Often aspects of PSHE are better delivered alongside specialists with greater understanding about subject areas such as sex education being supported by the School Nurse.

These specialists will be welcomed into William Shrewsbury School to work alongside the teaching staff that is in touch with the needs and emotional development of the pupils in their care.

There are various people who can resource and support school based PSHE. These people may include parents or grandparents, Staffordshire Entrust Education staff, the school nurse, the police, social workers, disabled persons, fire-fighters, industrial links, sports persons, environmental and council officials, religious or health professionals.

## PSHE Support

Other groups may be established to help support pupils who may have social difficulties relating to other children, low self-esteem or may appear to consistently need assistance with particular issues.

These groups may be:

- A Friendship Group: A circle of friends/ support group organised by the school staff may be used with the older pupils when necessary.
- Small behaviour support groups to help pupils understand and control their actions may be structured by SLT to meet individual pupils' needs. These groups may be in the form of nurture groups where pupils feel safe or small groups where individual needs are addressed (sometimes with the help of peer mediators).

- Individual support meetings to provide opportunities for pupils to communicate effectively, reflect on behaviour, learn coping strategies or have an adult to listen to their problems may also be used.
- Lunchtime behaviour groups: Games Club to pre-empt issues that occur at a time when pupils are stressed and need adult attention. Games Club is organised at 1 p.m. to 1.25 p.m. (KS2 lunch hour) and provides KS2 pupils with constructive activities that also direct energy into creative production, allowing pupils time to socialise with older pupils and have an adult to communicate with besides their teacher.
- HOPE 'drop in' sessions.
- Positive Play sessions held in the Positive Play room.

### **The Pupils' Communication Systems/ jobs**

To ensure every pupil is given the opportunity to be heard in William Shrewsbury School, special systems have been set up to empower pupils and help them realise their ideas are valued as well as give the pupils responsibility in running our school. Systems that ensure every child is regularly heard are:

Circle Time, P4C, School Councils, Eco Council, Games Club, Happiness Surveys, Pupil questionnaires, Cool Kids, Health and Safety Committee, Pupil Leadership Team, Ambassadors system, Prefects, Playleaders, Perfect Pals.

All classes also have class monitors who take responsibility for the management of their own classroom and class jobs within school. Each child in Key Stage 1 is given the opportunity to be a monitor and experience the importance of completing a job carefully or carrying a message correctly.

### **Golden Rules**

Each class share and discuss the school Golden Rules. Through the life skills system pupils also discuss and devise their own class rules which are linked to rights and responsibilities (UNCRC).

### **British Values**

William Shrewsbury also promotes the fundamental British values of:

- Democracy
- The rule of law
- Individual liberty
- Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith

## **Resources**

Resources are distributed to appropriate year groups; however some are available from the PSHE Leader.

## **Review and Monitoring**

The policy will be monitored and evaluated by:

- PSHE Leader
- Senior Leadership Team (SLT)
- Governors

The policy and/or procedures will, where necessary, be revised in light of these evaluations.

**Policy date: Autumn 2019**

**Review date: Autumn 2020**

**M. Runacus (Deputy Headteacher)**